

Bounce My Teddies Up and Down!



*Lycra or a piece of material
and some teddies or soft toys*

Teaching Notes: Everyone holds onto the lycra or material in a circle. Pop the teddies/soft toys in the middle and bounce them up and down.

To be sung to the tune of 'The Wheels of the Bus'

Bounce my teddies up and down, up and down, up and down
Bounce my teddies up and down,
Then we STOP!

Move in a circle singing:

Bounce my teddies round and round, round and round, round and round,
Bounce my teddies round and round
Then we STOP!

Musical skills:

Beat: moving in time to the beat of the song

Pitch - singing new words to a familiar simple melody

Other skills:

Fine Motor Skills - gripping the edge of the material

Spatial awareness - moving around and bouncing teddies at the same time

Extension Activities:

Come up with some new verses - eg Rock my teddy forward and back,

Move in one direction, then when you STOP go the other way.

Ask the children for their ideas.



www.kindyrock.com

© Judi Cranston